

# Pure Serenity News

## Special Interest Articles:

- A word from Corinne
- The Summer Back Treatment
- Jane Iredale Mineral based make up arriving at Pure Serenity
- Sam is leaving! Luckily not for long
- Perfect Lash The new lash extensions system

## Note From Corinne...

Spring has "sprung" and our clients are coming in thick and fast for their pedicure treatments.

Please don't forget your flip flops when you come in for your pedicures. We really don't want your perfect nails ruined by closed in shoes. I am constantly hunting for my salon flip flops, only to find that the girls have given them to one of you who have forgotten their own. The girls find it hilarious when I start searching and realize they have been loaned out again. That's the problem with being the average size 5 shoe. I work barefooted most of the week, so if you see me

with no shoes on, you will now know why!

Hopefully soon the sun will be shining and you will be wearing flip flops as a matter of course, and my problem will be remedied. The air conditioning will soon be going on at work places and shops, so if you feel your skin feeling tight on your face, be aware this could be one of the factors. When you move from hot to cold during the day, it can really take it's toll on your skin, the skin can become very dehydrated, should you need a little help, don't forget the Environ Hydrating Oil Capsules are great for a quick kick start to re-hydration

By Corinne Bull, Owner

## ARRIVING SOON

### Jane Iredale Mineral Make up

Known as The Skin Care Makeup, the Jane Iredale line is so safe and beneficial to use that it is recommended by Plastic Surgeons and Dermatologists throughout the world.

- \* Non-comedogenic, will not block pores
- \* Virtually no allergy risk
- \* Broad-spectrum UVB & UVA protection - SPF 20
- \* Anti-inflammatory helps to calm and soothe irritated skin
- \* Very water resistant

rating by an approved FDA lab

- \* Complete coverage for skin conditions like acne, rosacea and redness following treatments like chemical peels and laser resurfacing
- \* Contains no fillers
- \* Composed of inert minerals that cannot support bacteria
- \* Not tested on animals

Jane's line is a blend of minerals and pigments which are micro-pulverized, to form microscopic flat crystals.

## New Summer Back Treatment

If you are booking your summer holiday, don't forget to book your back cleanse in advance.

Make sure your swimming costume and backless dresses look fabulous with a softened, supple, clear skin.

The treatment includes, back exfoliation, cleansing mask, massage and Sothys hydrating balm. The treatment takes approx 40 minutes and costs £30



These crystals overlap each other on the skin to form a filter that allows the skin to breathe and function normally while protecting it from air-borne pollutants. The staying power of the minerals is so great that they rarely need a touch-up during the day. These silky powders are also water resistant, they won't crease or smear even during the most strenuous exercise. Pop in and get a colour match for your skin tone

## Congratulations to Sam



After 3 years of commitment and study from Sam she has completed her BSc in Nutrition and Health. She has already been looking at our food diaries and trying to whip us into shape. Sam will soon be offering our clients Nutritional advice and consultations. These could be for general health, weightloss, re-energies your body and such like, but this will not be on offer until she returns from her well earned rest and trip to Australia, China, and Thailand. She will be back with us in early May.

## New – Lash Perfect Lash Extensions

Have you ever looked in the mirror and wished you could have great looking eyelashes rather than dried out, short stumps!!!!

We can have your eyes looking luscious in no time. We are pleased to offer Lash Perfect Lash Extensions with Nicola Grogan. Nicola has been a therapist for 7 years and worked at a number of different salons. Lash Perfect Lash extensions are great for everyday wear even for someone with an active lifestyle. You can shower, swim, spa and sleep with no problems at all. They give an extremely natural look. Unlike normal strip lash extensions with Lash Perfect Lash Extensions there is no visible join as the synthetic lashes are applied directly to your own lashes.

The lashes come in various different lengths and thicknesses so you can choose whether you want a natural look or something for a special occasion, parties, holidays etc.

Most clients tend to

maintain their Perfect Lash Extensions as they are amazed at how natural they look. People who initially have them for a special occasion end up maintaining them and having them again and again and can't imagine their eyes without them.

Your initial appointment for lash extension is 2 hours, where the lashes are professionally applied to each individual lash. You have around 80-100 lashes applied to each eye. It is then up to you as to how long you would like to maintain the look. Maintenance appointments every 2-3 weeks will ensure that you get the best from the lashes. During the lash in-fill appointment any that have grown out are re-applied and you are good to go for another few weeks.

For any further information please pick up an information leaflet from the salon reception.

### Did You Know?

- Did You Know, It is impossible to lick your elbow.
- A new baby usually deprives its parents of 400-750 hours of sleep in the first year.
- Fingernails grow nearly 4 times faster than toenails.
- Apples are more effective at keeping people awake in the morning than caffeine.
- Your right lung takes in more air than your left one does.
- Barbie's measurements if she were life size: 39-23-33.

Facts From  
[www.funfunnyfacts.com](http://www.funfunnyfacts.com)

### Slick Tricks by Jessica

The new ultra modern Jessica **Slick Tricks** varnish gives you two different shades in one bottle, when a top coat is applied you will get a totally different look!

**Fancy Fishnets**-Glossy deep sea blue with a glimmering wet finish or a matt metallic blue.

**Purple Rain**-High gloss, wet looking lavender shade or a matt metallic pale, silvery purple

**Cheap Trick**-Glossy and sparkling forest green or a glittering matt, metallic green

**Vinyl Vixen**-High gloss brown with a hint of deep red or a matt, metallic warm brown.

**Dirty Dancing**-Dazzling high gloss deep purple or a matt metallic dark purple.

**Burlesque Rouge**-Shimmering high gloss romantic, rose red or a matt metallic pink & red tone



BEFORE



AFTER